



## **Designated “Cornermen”**

At Rock Steady Boxing, taking care of our care partners (we call them “Cornermen”) is an important part of our program. Cornermen give so much back to Rock Steady by creating support groups, assisting and organizing our functions and fundraisers, and giving much needed feedback to us about how we can better meet the needs of our participants.

Parkinson’s boxing members are entitled to select one designated care partner, or “cornerman”, who may enjoy the same privileges as our Parkinson’s class members without any additional cost. Designated cornermen are welcome to attend Rock Steady events, boxing classes, support groups, or training classes (for example: CPR/AED certification classes) without additional restrictions or fees. Complimentary cornerman memberships are not transferrable.

A designated cornerman:

- . Is encouraged to attend a Volunteer Orientation Class
- . Must accompany the Parkinson’s boxer who designated them as their cornerman in order to participate in the workout
- . May need to step in as an assistant to volunteers or head coaches during class\*\*
- . Will become familiar with Rock Steady Boxing emergency procedures
- . Will understand that our Parkinson’s boxers are first priority for head coaches and volunteers
- . Will agree to follow the same rules and regulations as Rock Steady members

## **RSB Guest Policy**

Rock Steady Boxing was created for people with Parkinson's only. Guests of Parkinson’s boxers, who have not been designated as their one allowed “cornerman,” will be charged a \$20.00 guest fee per class. This policy allows RSB to maintain the integrity of the RSB Parkinson’s boxing program and ensure a safe and well organized class.